

BME LEADERSHIP & ENGAGEMENT PROJECT

# ELDERS4Change: EMPOWERING ASIAN ELDERS



**SATURDAY 28th January 2012**  
**10am – 2pm**

**Asian Resource Centre of Croydon**  
**Suites 14d - 16**  
**2nd Floor, Day Lewis House**  
**324-340 Bensham Lane**  
**Thornton Heath**  
**Surrey CR7 7EQ**

A partnership event organised by the Asian Resource Centre of Croydon, The Asian Health Agency's BME Leadership & Engagement Project, and supported by The London Civic Forum



# Elders4Change: Empowering Asian Elders

## **Context**

This event is being organised in partnership by the Asian Resource Centre of Croydon (ARCC), The Asian Health Agency's BME Leadership & Engagement Project and supported by The London Civic Forum.

The conference is being held in response to ARCC's recent consultation with Asian Elders from a wide range of communities. The consultation revealed that:

- Older people felt that they did not have a voice
- Many services did not take into consideration cultural needs of older people
- Lack of confidence from older people to speak up and have their voices heard
- The need for partnership work between service providers and older people

## **Aims and Objectives**

The conference will seek to bring together older people and carers as well as individuals and organisations supporting them to address how to:

- Empower older people & carers to have their voices heard
- Highlight opportunities & support Older People & Carers in getting involved in local organisations, forums, services etc
- Tackle barriers to engagement
- Improve older peoples representation in working groups, forums etc that shape local services for older people & carers
- Build alliances & links between & across diverse communities & between older people, community groups & public sector bodies on issues affecting older people.

## **Post Meeting Strategy**

*Participants will be invited to:*

Join a new 'Elders 4 Change' forum taking forward actions from the meeting.

ARCC will offer ongoing support and facilitation for this forum, and TAHA's BME Leadership and Engagement Project will provide training and individual support if requested.

## **Cost**

**Free but places must be booked in advance.**

# Programme

- 10.00**      **Registration, Tea and Coffee**
- 10.30**      **Welcome & Context Setting**  
*Aymero Gebremeskel, BME Leadership & Engagement Project*
- 10.40**      **Empowering London Together – Supporting Elders, and others, to Have a Voice across the Capital**  
*Kate Burls, Take Part Learning Manager, London Civic Forum*
- 11.00**      **Older People & Engagement: Key Issues & Barriers to Engagement**  
*Balraj Purewal, Director, The Asian Health Agency*
- 11.20**      **Supporting Volunteering with Asian Elders**  
*S. Kanagasundaram, Chair, ARCC*
- 11.40**      **Q & A**
- 12.00**      Coffee Break
- 12.10**      **Workshops:**  
**1.** How to Engage Older People  
**2.** Influencing Services & Decision Making Processes  
**3.** Establishing an Older Peoples Forum
- 12.40**      **Feedback from workshops**
- 1.00**      **Agreeing actions and next steps for the Elders4Change forum**  
*Joseph Jeffers, ARCC*  
*Aymero Gebremeskel, BME Leadership & Engagement Project*
- 1.30**      **Lunch and Networking**

**Elders4Change: Empowering Asian Elders Conference, 28th January 2012**

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**BOOKING Form**

First Name(s) \_\_\_\_\_ Surname \_\_\_\_\_

Position Held \_\_\_\_\_ Organisation \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Contact Name \_\_\_\_\_

Tel \_\_\_\_\_ E-mail \_\_\_\_\_

Please state which workshop you would like to participate in:

Workshop 1       Workshop 2       Workshop 3

Please state any particular requirements e.g. food, disability access, language etc.

Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

*Photocopy and complete for each additional participant*

**COMPLETE and post this form to:**

Mamun Khan, Asian Resource Centre Croydon Ltd, Suites 14d-16, 2nd Floor,  
Day Lewis House, 324-340 Bensham Lane, Thornton Heath, Surrey CR7 7EQ

**For further information contact:**

Mamun Khan on: **020 8684 3784** or [info@arccltd.com](mailto:info@arccltd.com) or  
Jessie Jandu on: **020 8571 7928** or [admin2@taha.org.uk](mailto:admin2@taha.org.uk)